

RETAIL PRICES OF ESSENTIAL COMMODITIES & VEGETABLES IN DELHI

S. No.	Name of Commodity	Unit	Retail Prices in 03 Market			Average Retail price of 03 Market (Yusuf Sarai, Ghandtaghar & Shahdara)		
			Yusuf Sarai (HIG-Market)	Ghandtaghar (MIG-Market)	Shahdara (LIG-Market)			
			30-01-2026			30-01-2026	23-01-2026	Weekly Increase (+)/ Decrease (-)
1	RICE BASMATI	Rs./Kg	80	75	70	75	75	-
2	RICE PERMAL	Rs./Kg	42	45	39	42	43	-1
3	WHEAT	Rs./Kg	32	31	34	32	32	-
4	ATTA	Rs./Kg	34	33	34	34	34	-
5	SUGAR	Rs./Kg	47	47	46	47	47	-
6	TEA LOOSE	Rs./Kg	235	235	230	233	233	-
7	MILK -TONNED (MOTHER DAIRY)	Rs./Ltr.	57	57	57	57	57	-
8	JAGGERY	Rs./Kg	60	55	55	57	57	-
9	SALT Iod.(TATA)	Rs./Kg	28	28	28	28	28	-
PULSES								
10	GRAM	Rs./Kg	90	85	80	85	85	-
11	GRAM DAL	Rs./Kg	90	85	85	87	87	-
12	ARHAR DAL	Rs./Kg	110	120	120	117	110	7
13	MASOOR DAL	Rs./Kg	90	90	90	90	90	-
14	URAD DAL (WASHED)	Rs./Kg	120	130	125	125	128	-3
15	MOONG DAL (WASHED)	Rs./Kg	120	100	100	107	107	-
16	RAJMA CHITRA	Rs./Kg	130	140	120	130	130	-
17	KABLI GRAM	Rs./Kg	100	100	80	93	93	-
18	DRIED MATAR	Rs./Kg	60	60	55	58	58	-
EDIBLE OILS								
19	G.N. OIL (DALDA)	Rs./Ltr.	175	180	185	180	177	3
20	MUSTARD OIL (FORTUNE)	Rs./Ltr.	175	180	175	177	177	-
21	VANASPATHI GHEE (RATH)	Rs./Ltr.	162	145	150	152	150	2
22	SOYA OIL (FORTUNE)	Rs./Ltr.	155	150	163	156	149	7
23	SUNFLOWER OIL (FORTUNE)	Rs./Ltr.	180	170	175	175	169	6
24	PALM OIL (RUCHI GOLD)	Rs./Ltr.	140	135	140	138	132	6
VEGETABLES								
25	ONION	Rs./Kg	40	30	30	33	33	-
26	POTATO	Rs./Kg	20	15	12	16	16	-
27	TOMATO	Rs./Kg	45	35	35	38	42	-4
28	CAULIFLOWER	Rs./Kg	50	30	30	37	37	-
29	BRINJAL	Rs./Kg	60	40	40	47	47	-
30	PEAS	Rs./Kg	40	40	30	37	47	-10
31	CABBAGE	Rs./Kg	30	30	30	30	30	-
32	GOURD	Rs./Kg	50	40	40	43	47	-4
33	LADYFINGER	Rs./Kg	120	100	120	113	113	-
34	GINGER	Rs./Kg	120	120	120	120	120	-