

RETAIL PRICES OF ESSENTIAL COMMODITIES & VEGETABLES IN DELHI

S. No.	Name of Commodity	Unit	Retail Prices in 03 Market			Average Retail price of 03 Market (Yusuf Sarai, Ghantaghar & Shahdara)		
			Yusuf Sarai (HIG-Market)	Ghantaghar (MIG-Market)	Shahdara (LIG-Market)			
			13-03-2026			13-03-2026	06-03-2026	Weekly Increase (+)/ Decrease (-)
1	RICE BASMATI	Rs./Kg	80	75	70	75	75	-
2	RICE PERMAL	Rs./Kg	42	45	39	42	42	-
3	WHEAT	Rs./Kg	32	32	34	33	33	-
4	ATTA	Rs./Kg	34	34	34	34	34	-
5	SUGAR	Rs./Kg	47	47	46	47	47	-
6	TEA LOOSE	Rs./Kg	235	235	230	233	233	-
7	MILK - TONNED (MOTHER DAIRY)	Rs./Ltr.	57	57	57	57	57	-
8	JAGGERY	Rs./Kg	60	55	55	57	57	-
9	SALT Iod.(TATA)	Rs./Kg	28	28	28	28	28	-
PULSES								
10	GRAM	Rs./Kg	90	85	80	85	85	-
11	GRAM DAL	Rs./Kg	90	85	85	87	87	-
12	ARHAR DAL	Rs./Kg	130	130	130	130	123	7
13	MASOOR DAL	Rs./Kg	90	90	90	90	90	-
14	URAD DAL (WASHED)	Rs./Kg	125	120	125	123	125	-2
15	MOONG DAL (WASHED)	Rs./Kg	120	110	100	110	113	-3
16	RAJMA CHITRA	Rs./Kg	130	140	120	130	130	-
17	KABLI GRAM	Rs./Kg	100	100	80	93	93	-
18	DRIED MATAR	Rs./Kg	60	60	55	58	58	-
EDIBLE OILS								
19	G.N. OIL (DALDA)	Rs./Ltr.	190	180	190	187	183	4
20	MUSTARD OIL (FORTUNE)	Rs./Ltr.	185	175	175	178	177	1
21	VANASPATHI GHEE (RATH)	Rs./Ltr.	170	155	157	161	157	4
22	SOYA OIL (FORTUNE)	Rs./Ltr.	170	160	164	165	158	7
23	SUNFLOWER OIL (FORTUNE)	Rs./Ltr.	180	190	187	186	177	9
24	PALM OIL (RUCHI GOLD)	Rs./Ltr.	145	140	147	144	140	4
VEGETABLES								
25	ONION	Rs./Kg	30	25	30	28	28	-
26	POTATO	Rs./Kg	20	12	12	15	14	1
27	TOMATO	Rs./Kg	35	30	30	32	30	2
28	CAULIFLOWER	Rs./Kg	40	30	25	32	28	4
29	BRINJAL	Rs./Kg	60	40	40	47	43	4
30	PEAS	Rs./Kg	40	40	30	37	37	-
31	CABBAGE	Rs./Kg	20	30	20	23	25	-2
32	GOURD	Rs./Kg	50	45	40	45	42	3
33	LADYFINGER	Rs./Kg	120	100	80	100	93	7
34	GINGER	Rs./Kg	120	120	100	113	113	-