

RETAIL PRICES OF ESSENTIAL COMMODITIES & VEGETABLES IN DELHI

S. No.	Name of Commodity	Unit	Retail Prices in 03 Market			Average Retail price of 03 Market (Yusuf Sarai, Ghantaghar & Shahdara)		
			Yusuf Sarai (HIG-Market)	Ghantaghar (MIG-Market)	Shahdara (LIG-Market)			
			07-08-2026			07-08-2026	31-07-2026	Weekly Increase (+)/ Decrease (-)
1	RICE BASMATI	Rs./Kg	85	80	80	82	82	-
2	RICE PERMAL	Rs./Kg	45	45	45	45	45	-
3	WHEAT	Rs./Kg	33	33	35	34	34	-
4	ATTA	Rs./Kg	35	35	36	35	35	-
5	SUGAR	Rs./Kg	49	49	49	49	47	2
6	TEA LOOSE	Rs./Kg	240	230	235	235	234	1
7	MILK - TONNED (MOTHER DAIRY)	Rs./Ltr.	59	59	59	59	59	-
8	JAGGERY	Rs./Kg	60	60	60	60	60	-
9	SALT Iod.(TATA)	Rs./Kg	28	28	29	28	28	-
PULSES								
10	GRAM	Rs./Kg	90	85	100	92	85	7
11	GRAM DAL	Rs./Kg	90	90	95	92	90	2
12	ARHAR DAL	Rs./Kg	120	120	120	120	120	-
13	MASOOR DAL	Rs./Kg	90	90	90	90	90	-
14	URAD DAL (WASHED)	Rs./Kg	130	130	130	130	130	-
15	MOONG DAL (WASHED)	Rs./Kg	120	120	120	120	120	-
16	RAJMA CHITRA	Rs./Kg	130	120	120	123	123	-
17	KABLI GRAM	Rs./Kg	100	90	100	97	92	5
18	DRIED MATAR	Rs./Kg	60	60	55	58	58	-
EDIBLE OILS								
19	G.N. OIL (DALDA)	Rs./Ltr.	205	200	200	202	203	-1
20	MUSTARD OIL (FORTUNE)	Rs./Ltr.	190	185	190	188	187	1
21	VANASPATI GHEE (RATH)	Rs./Ltr.	175	170	170	172	171	1
22	SOYA OIL (FORTUNE)	Rs./Ltr.	180	180	180	180	179	1
23	SUNFLOWER OIL (FORTUNE)	Rs./Ltr.	200	200	200	200	200	-
24	PALM OIL (RUCHI GOLD)	Rs./Ltr.	154	154	154	154	154	-
VEGETABLES								
25	ONION	Rs./Kg	50	40	40	43	47	-4
26	POTATO	Rs./Kg	25	20	20	22	22	-
27	TOMATO	Rs./Kg	50	60	40	50	50	-
28	CAULIFLOWER	Rs./Kg	100	120	100	107	113	-6
29	BRINJAL	Rs./Kg	70	50	60	60	60	-
30	PEAS	Rs./Kg	180	120	130	143	140	3
31	CABBAGE	Rs./Kg	60	30	40	43	40	3
32	GOURD	Rs./Kg	60	50	50	53	53	-
33	LADYFINGER	Rs./Kg	60	60	50	57	60	-3
34	GINGER	Rs./250gm.	70	60	60	63	63	-